

# LAKEVIEW VIEWS

**W**elcome to another exciting school year at Lakeview School. For those of you joining our school community for the first time, we are very pleased to have you as part of our Laker family. Each year there are positive changes that take place with the teaching staff and this year we welcome Mme. Netherway as the Grade 7 French Immersion teacher and Mr. LeCavalier and Mme. Tardiff as Grade 6 French Immersion teachers. We also welcome Ms. Gray as the Grade 3/4 teacher and Ms. Dixon as our Grade 4 teacher while Mrs. McCarthy is on Maternity leave. We also welcome Mrs. Blackburn, Educational Assistant at Lakeview and Jen White our Youth Counsellor.

Communication is one of the most important aspects of the home-school relationship and to support this we issue a student agenda for each student in grades 1 to 8. This agenda is used to record school/class events and receive correspondence from parents. It is most important that you go over the Lakeview routines and Code of Conduct ( please sign in the agenda) with your children as this sets the framework for a successful beginning to the school year. You will find this information in the front 8 pages of your child's agenda. Please also sign the DSBN Netticcate Agreement for the use of the Internet at school found at the back of the agenda.

The **Lakeview Views** (our Monthly newsletter) will be posted on our website at the beginning of each month and will keep you informed of events at school such as: noteworthy student achievement in academics, the arts and inter school sporting events; student's work; current educational issues; parent tips; important DSBN notices ; Lakeview School Council (Council Corner) updates and on the front page upcoming Lakeview events. *If you would like to have a paper copy sent home each month please contact Lakeview's secretary Renee Horvath.*



The agenda, the monthly newsletter and the school's website and the new Blaze cast ( phone messages to Lakeview Families) are designed to open and clarify the lines of communication . I look forward to a new school year and as always please feel free to contact me to say hello and chat. Your ideas and suggestions are valued. A positive partnership between home and school helps students develop a healthy attitude toward life-long learning.

### Lakeview School Website

Don't forget that the Lakeview School Website is updated regularly. So add us to your favorites and check the website often. Our Newsletter is online to support our environment, however you can contact us to request a paper copy. This is your convenient way of finding out what's going on in our school.

*Also check out classroom links updated by your child's Teacher.*

<http://www.dsbm.edu.on.ca/Schools/Lakeview>

### Dates to Remember

- September 16th**  
Magazine Fundraiser  
kickoff
- September 23rd**  
Early Release Day
- September 29th**  
Open House and BBQ
- September 30th**  
Picture Day



Be Sure to check out our on-line calendar for information on upcoming events.

### Bell Times for 2011/12

Period	Start
1	8:50 a.m.
2	9:40 a.m.
Recess	10:30 a.m.
3	10:45 a.m.
Lunch	11:35 a.m.
4	12:25 p.m.
5	1:15 p.m.
Recess	2:05 p.m.
6	2:20 p.m.
Dismiss	3:10 p.m.

## ATTENDANCE PROCEDURES

If your child is ill and will not be at school, please call the school by 8:30 a.m. so that we know they are safe. If we do not receive a phone call, we will try to locate a parent.

All students in grades 1 to 8 are required to move around to the playground at the back of the school promptly on their arrival. Supervision is provided from 8:35 a.m. Walking students should plan to arrive from 8:35 to 8:50 a.m. Please make sure students arrive on time. Being late disturbs the class and interrupts learning.

If your child arrives to school late, he/she is required to come to the office to receive an admit slip before going to class. This helps in maintaining accurate attendance and is for your child's safety.

The school telephone number is 905-945-5427. Our office hours are 8:30 a.m. to 4:00 p.m. Call Answer is available to take messages if we are on another call or away from our desk. Please call and leave a message regarding attendance if necessary (even the night before if that is convenient for you).

## ENTRY AND DISMISSAL

We require your support and assistance with maintaining some very important routines at the school. At the beginning of the school day and during dismissal times, there are an increasing number of children that use the front doors of the school. This causes a great deal of confusion and makes the attendance procedure very difficult. We ask that you help us with the following routines:

Plan to have your child(ren) arrive at school prior to the 8:50 a.m. bell in the morning. The children can then go around the school and line up with their peers so they may enter the building together. If they are here early enough, they will even have an opportunity to play. Please note that teachers are on duty beginning at 8:35 a.m. There is no outside supervision until that time.

Please allow your children to go to the school yard by themselves. This is an excellent opportunity for them to develop independence and confidence. If you have business at the office or with a teacher, you are most welcome to use the front doors but the children MUST use their regular door.

Children will be dismissed through their regular doors at the end of each day so that they may meet younger siblings at the primary doors or you, the parents, in front of the school. Parents who have made prior arrangements with the office or teacher may have the children wait at the office.



Children who walk to school are encouraged to go home for lunch. To help keep students safe please complete the "Lunch Form" to indicate days your child will be home for lunch. Students who need to stay for lunch are encouraged to bring healthy food and/or purchase healthy snacks from our server.

**Please be advised that leaving the school property for lunch is NOT recommended as there are no restaurants available within the Lakeview boundaries .**

# Thanks

We want to thank our parent community in advance for completing "their homework" (a.k.a. the forms handed out the first day of school). Please send all forms back by: Friday September 9.

## PHONES, MESSAGES, VOICEMAIL

We ask that students activities and pick up routines be arranged the night before. The Lakeview agenda is also a good place to record reminders to students.

Student safety remains our first priority and we will pass along messages in **EMERGENCY** situations. Thank you for your understanding and assistance.

Our DSBN cell phones policy states that cell phone use is not permitted during school hours. Students can ask for a phone pass to use the office phone to make a call.



## STUDENT AGENDA PROGRAM

Lakeview students in grades 1 through 8 are receiving a Student Agenda for 2011/12. This is a valuable tool which is designed to help the student keep track of assignments and stay organized, as well as ensure that they are aware of the guidelines and expectations at Lakeview. It can be used to send messages between parents and teacher. Teachers will be instructing children on the use of their agenda, but your guidance and support is essential. Please help us help your child develop and apply these important life skills. Parents please read the introduction pages with your child. Your support to help develop organizational skills in the students is invaluable.

## SERVERY

Our servery will operate again this year. It is open at 11:30 a.m. for the primary lunch students, then to all lunch students until 11:45 a.m. Items offered this year are:

Milk (Chocolate)	.75
Cones	1.25
Super Yogurt'n Juicy	1.00
Fudgesicle	1.00

## SAFETY PATROLLERS

Safety Patrollers from grades 5-8 will do their very best to help all students cross the driveway safely. Duty times are:



8:35 a.m. – 8:50 a.m.  
 11:30 a.m. – 11:45 a.m.  
 12:10 p.m. – 12:25 p.m.  
 3:10 p.m. – 3:25 p.m.

All students are expected to cross with the Crossing Guard's "all clear" signal. Parents can help by modelling how to follow the directions of the patrollers and cross the driveway only at the crosswalk. Responsible students are encouraged to help out the school by serving in this important role.

## CROSSING GUARD

Our crossing guard, Mrs. Root will be on duty each day from: 8:30 a.m. – 8:55 a.m.

11:35 a.m. – 11:50 a.m.  
 12:10 p.m. – 12:25 p.m.  
 3:00 p.m. – 3:30 p.m.

All pupils living north of Olive Street are to cross with the guard or at the lights and NOT use any "short cuts". We also have student crossing guards on duty at our driveway crosswalk. Pupils are to follow their directions to assist in their own safety.

Please remind your child(ren) about the proper way to cross at the lights. They should push the buttons, wait for the "walk" symbol and look both ways before stepping onto the road.

Bicycles can be used by students who are 9 and older, but should be walked on sidewalks, across the crosswalks and on school property.

## DONATE YOUR OLD SOCCER UNIFORMS

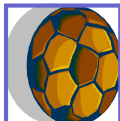
Niagara is full of soccer players. When families clean out their closets as the seasons change we wonder, what to do with all those old soccer shirts?

A group of students from Blessed Trinity is collecting these soccer shirts for third world countries. A few years ago, they managed to collect almost 3,000 pieces.

If you are interested in donating your clean (washed) youth and adult soccer shirts please bring them to the school before October 30th.

There is NO MONENTARY cost to anyone. The Wells of Hope Group will distribute these shirts in third world countries.

Thank you for you assistance with this great cause.



## VOLUNTEERS NEEDED

We have been very fortunate in the past to have many volunteers working with our teachers and students. Your interest and assistance will be greatly appreciate once again. Whether you volunteer on a regular basis or as the need arise. Some of the following area's where we could use assistance are fundraising, Library, All Star reading with Students, Central Stores and Landscaping/Green team.

Please complete the form at the end of the Newsletter and return to the school. Thanks in advance for volunteering to assist the students and staff at Lakeview School.

# SCHOOL COUNCIL NOMINATION FORM

Name: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Business Phone #: \_\_\_\_\_

I am the Parent/Guardian of: \_\_\_\_\_

(NAME AND GRADE)

Who is currently registered at Lakeview Public School.

I wish to declare my candidacy for a position as a Parent Representative on the Lakeview School Council. I understand that should a sufficient number of people apply, the positions available will be filled through an election.

Candidate's Signature \_\_\_\_\_

Date: \_\_\_\_\_

*Received by:* \_\_\_\_\_

*Date:* \_\_\_\_\_

## PARENT VOLUNTEERS

Name: \_\_\_\_\_

Telephone #: \_\_\_\_\_

Parent(s) of

Grade

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- Fundraising committee member
- All Star Reading Program  
*(reading one on one with Primary Students)*
- Library *(Book Fair)*
- Landscaping
- Central Stores  
*(organizing school orders monthly)*
- Help coach a team or club  
*(i.e. choir, drama, chess)*
- Volunteer drivers
- Classroom volunteer

# LAKEVIEW VIEWS



## COUNCIL NEWS

Sign up for School Council at the Open House BBQ. Our organization meeting will be held on October 5, at 6:30 p.m. at the school. All parents are welcome to come to our council meetings. At this meeting we will select our chair and other officers and also to set dates for future meetings. Nominations (see next page) should be submitted by September 29 at the Lakeview Open House.

### STUDENT ACCIDENT INSURANCE

The District School Board of Niagara does not provide medical payments coverage for students. Reliable Life Student Accident Insurance forms have been provided to each student to assist you in getting coverage. If you have no other coverage it is important that parents/guardians purchase this coverage to ensure that medical or dental costs are covered in case of accident. It costs as little as \$2 per student for basic school day/school activity coverage.

### EARLY RELEASE DAY

Friday, September 23 is Early Release Day. Students will be dismissed at 11:35 a.m. Bus students will leave the school around noon. Notes are required to change dismissal arrangements.

### PICTURE DAY

The photographer will be at Lakeview for individual and class pictures on Friday, September 30. Each child should come dressed in bright colour clothing and wearing their best smile! The purchase of photo packages is each parents decision. A "Reminder" notice will be sent home with your child(ren) the day before their picture.

### Mark your calendar!



### Lakeview OPEN HOUSE BBQ

Mark **Thursday, September 29, from 4:30—6:30** on your calendar for an informal opportunity to meet your child's teacher, other staff, visit the classroom and tour the school. **Details to follow.**

### MAGAZINE CAMPAIGN

Orders for new subscriptions or the renewal of old ones can be done through this program. Our kick-off assembly will be held on September 16 at 11:00 a.m. We return to QSP to enhance reading at school and at home! Please support this important fundraiser which will be used to subsidize each student's year end trip and to purchase more technology for classroom use.

### FIRE PREVENTION WEEK OCTOBER 9 —15

Fire prevention week will be Oct 9—15 this year. This year's theme is "Protect Your Family from Fire"

To kick off Fire Prevention Week and Open House is planned for Sunday, September 25 from 11:00 am. to 3:00 pm. Everyone is welcome!

### PARKING LOT SAFETY

**There are seven busses that arrive at Lakeview each morning and afternoon to drop/pick up students and use the driveway at the front of the school. Students are to walk around using the pathways provided for their safety to go to the class entry / dismissal door.**

**Please note there is NO PARKING on the west side to provide room for traffic flow.**

**Parking spaces are primarily for staff use and visiting board personnel. We have 35 staff who work at Lakeview each day. Visitors and volunteers are welcome to use spaces that come available.**

#### **Kiss and Ride :**

**We have provided a drop off area at the back of the school for students to enter the school yard safely. *Please do not stop for long periods of time so that drivers do not become impatient and make unsafe decisions.* The safe arrival and departure of our students is our goal.**

### School-Based Immunization Clinics

Did you know that every year in Canada, 1,400 women are diagnosed with cervical cancer and more than 400 will die from it?

Almost all cervical cancers are caused by a Human Papillomavirus (HPV) infection.

The HPV vaccine is an important medical advancement that makes cervical cancer a preventable disease.

Once again this year, the HPV vaccine called Gardasil® will be offered free to **all female Grade 8 students** through Niagara Region Public Health's school-based immunization clinics. In addition, the Hepatitis B vaccine and the Meningococcal vaccine called Menactra® will be offered free to **all Grade 7 students**.

Parent/student information packages will be coming home with your child in September. Clinic dates and times will be announced through your child's school.

#### ***MedicAlert's No Child Without Program***

The **No Child Without** program offers a free MedicAlert membership to students who attend our school and are between the ages of 4 up to their 14<sup>th</sup> birthday. If your child has a medical condition, allergy or is required to take medication on a regular basis then you should consider a MedicAlert membership through this program. MedicAlert is your child's voice in an emergency,

MedicAlert membership;

- Gives emergency first responders immediate access to a your child's medical information on their MedicAlert bracelet or necklet
- Enables first responders to quickly obtain up to date medical information by means of the child's Electronic Health Record through the **24 Hour Emergency Hotline**.
- Communicates with the parent or emergency contact upon activation of the **Hotline**

Allows free updates of the child's medical record as needed

MedicAlert identification can alert school staff, friends, coaches and others about your child's medical condition should an emergency occur.

For further information go to [www.nochildwithout.ca](http://www.nochildwithout.ca).

If your child is already part of the **No Child Without** program and there have been changes to their medical condition, medications or emergency contact information, call MedicAlert at 1-866-679-3220 to update your child's file.





## Peanut Butter-less Lunches



As of January 1, 2006, schools in Ontario are required to prepare safety plans for students with fatal allergies as part of Sabrina's Law, named after a Pembroke teen who died of severe allergic shock in her high school.

The law requires school principals to prepare individual plans for students with life-threatening allergies, and for school staff to be trained on how to recognize and aid students suffering from anaphylactic shock.

This means that your children, even if they don't have food allergies, may not be allowed to bring peanuts or peanut butter in their school lunches and snacks. This can make packing lunches and snacks a bit more challenging, but don't worry....there are plenty of other healthy and tasty high-protein options:

The following foods have approximately the same amount of protein as in two tablespoons of peanut butter:

- ◆ 30 g (1 oz.) lean meat, poultry or fish (roast beef, ham, chicken, turkey, tuna, salmon, etc.)
- ◆ 2 eggs
- ◆ 175 mL (3/4 cup) chickpeas, lentils or kidney beans
- ◆ 250 mL (1 cup) milk or chocolate milk
- ◆ 175 mL (3/4 cup) yogurt
- ◆ 30 g (1 oz.) cheddar cheese
- ◆ 125 mL (1/2 cup) hummus
- ◆ 250 mL (1 cup) split pea or beef soup
- ◆ 125 mL (1/2 cup) chili

### It's true!



One large bagel (136 g) has about the same amount of protein as in two tablespoons of peanut butter!

## Sample Peanut Butter-less Menus

**Monday**

- ◆ Sliced meat, cheese and lettuce in a pita
- ◆ Carrot sticks
- ◆ Orange slices
- ◆ Milk (white or chocolate)

**Tuesday**

- ◆ Crackers with cheese cubes (or cheese slices)
- ◆ Cucumber slices or coleslaw
- ◆ Canned fruit (in juice)
- ◆ Milk (white or chocolate)

**Wednesday**

- ◆ Cold hard boiled eggs
- ◆ Celery stuffed with soft cheese
- ◆ Raisin bran muffin
- ◆ Milk pudding
- ◆ Fruit or vegetable juice (100% pure)



**Thursday**

- ◆ Leftover pizza slice
- ◆ Green pepper rings
- ◆ Yogurt
- ◆ Fruit or vegetable juice (100% pure)

**Friday**

- ◆ Hot soup or stew in a thermos
- ◆ Vegetables & dip
- ◆ Fresh fruit or applesauce
- ◆ Milk (white or chocolate)

### Don't forget to pack food safely:

Use a wide-mouth thermos to keep milk cold and foods, like chili and pasta hot. To keep food cold, use frozen juice boxes or frozen bread for sandwiches (they will thaw by lunchtime) or use an insulated lunch bag. Sandwiches made the night before will stay colder than those made in the morning.

### Plus ... peanut butter-less snacks!

✓ Plain yogurt mixed with fruit	✓ Juice boxes-vegetables or fruit
✓ Nut-free milk puddings (not pistachio or peanut butter)	✓ Popcorn (for older children)
✓ Fruit cups (canned in water or juice)	✓ Vegetables with dip
✓ Any fresh fruit	✓ Sliced meat wrapped around cheese sticks
✓ Celery sticks stuffed with soft cheese	✓ Mini pitas stuffed with cheese - try
✓ Cheese and crackers	✓ cheddar, swiss, gouda
✓ Whole grain cereal	✓ Mini bagels with cream cheese
✓ Whole grain muffin	
✓ Half bagel with cheese	