



Lakeview Views

33 OLIVE STREET, GRIMSBY ON L3M 2B9 905-945-5427

February 2010



In the month of January the teachers have continued to meet in Professional Learning Communities to discuss the Lakeview School Growth plan focus of *Reading for Meaning*. By that I mean that Lakeview teachers have planned and implemented Critical Thinking strategies to help support our Lakeview vision that is posted on our website, in the foyers and in every classroom . We stated that with your help we believe through meaningful and diverse learning experiences we can engage and inspire students to become confident critical thinkers. If you haven't looked on our website to see our Lakeview Belief Statement I invite you to look as it was developed with students and parents . Your partnership to help meet our goal will aid in motivating learning and make the necessary connection for the students.

To begin this partnership the DSBN Town of Grimsby Principals scheduled a meeting of our Councils at Lakeview on Jan.5 the purpose was to enhance parents' understanding of how the direction of instruction in Literacy and Math has changed. We discussed in groups how we could provide parents with strategies emphasizing comprehension and critical thinking therefore supporting student growth together. We came away with a list of ideas that we hope to continue to put in place. I think we all learned from each other how important ongoing communication can clarify and unify our goals.

February 3

Lakeview School Council - 7pm

February 4

Kindergarten open house

4 to 6pm

February 12

Early Release Day

February 15

Family day

February 23

Town of Grimsby Council meeting @ Nelles - 6:30pm

KINDERGARTEN COUNTDOWN

Do you know a child who is turning 4 or 5 in 2010? Help them get ready for their big first day of school with the DSBN's Kindergarten Countdown Open House!

Parents and children are invited to our KINDERGARTEN OPEN HOUSE on Thursday, February 4, 2010 from 4:00 - 6:00 p.m.

Families can tour our school, meet the kindergarten teacher, receive a gift bag filled with fun learning resources and information that will help children develop school readiness skills, and register for the coming school year.



Go to www.dsbni.org and click on "Kindergarten Countdown" for details!

NUTRITION NIGHT



Nutrition Facts	
Serving Size 1/2 cup (125 g)	
Servings Per Container 3	
Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 4g	7%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 530mg	15%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Sugars 7g	
Protein 8g	
Vitamin A 10%	Vitamin C 25%
Calcium 2%	Iron 10%

*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

Calories	2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Regular

Nutrition Facts	
Serving Size 1/2 cup (125 g)	
Servings Per Container 3	
Amount Per Serving	
Calories 152	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 530mg	15%
Total Carbohydrate 30g	10%
Dietary Fiber 1g	4%
Sugars 29g	
Protein 8g	
Vitamin A 10%	Vitamin C 25%
Calcium 2%	Iron 10%

*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

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Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Fat-free

UNDERSTANDING FOOD LABELS

THE SUGAR DILEMMA AND OUR KIDS

Tuesday, February 23, 2010

Nelles Public School - 6:30 – 8:30PM

Guest Speaker: Jacinda Martin R.H.N.
 Chef, Registered Holistic Nutritionist

NUTRITION NIGHT

Please return by: Friday, February 19, 2010

The _____ Family from _____ school

will attend the Nutrition Night. Free babysitting is needed. YES _____ NO _____

of children attending _____

of adults attending _____



Neha G in Gr. 5 entered the Brock University Contest in Math . Neha was 27th in Ontario and came 1st in the District School Board of Niagara! Congratulations on another Laker Proud moment .

Lakeview Winners!

Last week, Lakeview held its Knights of Columbus Free Throw competitions. Lakeview winners were Paige E. and Brodie D. from grade 4, Kayla C. and Colin W. from grade 5, Brynne W. and Jeff Z. from grade 6, Melissa C. and Daniel L from grade 7, and our grade 8 winners were Kristin B. and Brayden E.

These winners went on to represent Lakeview in the District Championships at Blessed Trinity School, where they competed against winners from all Grimsby and Lincoln Schools. Lakeview school was represented very well.

Congratulations to Paige E., Colin W., and Melissa C., who placed 2nd in their age divisions. Special congratulations to Kristin B. and Brayden E., who both finished first and swept the grade 8 division. Kristin and Brayden will go on to the Regional Championships in St. Catharines. Way to go Lakers!

Intermediate Girls Basketball

Congratulations to the intermediate lady Lakers basketball team for taking the bronze medal in their tournament last night. An awesome task, considering they have only been together for a few weeks, and a great start to their season. It was a complete team effort and we look forward to an exciting season!

Members of the 2010 Lady Lakers basketball team are: Kristin B., Chinwe N., Annake D., Nikki Y., Jessica B., Rebecca S., Chelsea M., Tori L., Kirstin M., and Coral M.

Intermediate Boys Basketball

Congratulations the intermediate boys basketball team on finishing second place at the Boyd Arnold tournament earlier this month. The boys played very hard and look forward to continuing their success at the E.L. Crossley tournament.

Members of the 2010 boys basketball team are: Adrian V., Joel L., Micheal W., Brayden E., Kyle M., Jacob R., Cam T., Tyler K., Max H., Bradley C., John K., Corey C., and Jonathon K..





Council Corner

The next Lakeview School Council Meeting is February 3 at 7p.m. in the Staff room.

Agenda items:

1. TOGS Council meeting update
2. Fundraising Update—\$8000 raised to purchase Team Uniforms for Soccer Jr & Int. Boys and Girls; Basketball Jr & Int. Boys and Girls; to support Gr. 8 Grad ; High Jump mat; \$4400 for trip allotment (\$10 per child); Musical instruments; Character Ed. Presentation.

Last Fundraiser in April: Dance a thon

3. Parent Pro Grant- \$1000 for Parent Lending Library

NEWSLETTER DRAW

Please sign and return this draw slip to be eligible for a **FREE** item from our servery

WE HAVE READ THE **FEBRUARY** NEWSLETTER.

Student(s) Name

Grade

Signature of parent/guardian